



UDAI

Annual Report

April 2019 – March 2020

UDAI (Working together works) is a Non Profit Charitable Trust established on 4th March 2013, which works for the children and young adults with Special Needs. We build Hope, Strength, Joy and encourage our students along with their families to *Understand, Accept and Celebrate Being Different*.

Our approach includes early Intervention, therapy, educational services, psychological and vocational courses. We have 3:1 student teacher ratio.

The medical team of multidisciplinary professionals consists of Paediatrician, Occupational Therapists, Speech Therapists, Psychologist, Special Educators and vocational trainers who are involved in quality implementation of project activities.

Yoga, Drama Therapy, Music Therapy and Art Therapy form part of the curriculum to train these children and young adults.

UDAI is registered under:

- * Indian Trust Act, 1882 with registration number 1449.
- * NITI Ayog, Government of India.
- * Section 12 A of Income Tax Act
- * 80 G of Income Tax Act

VISION

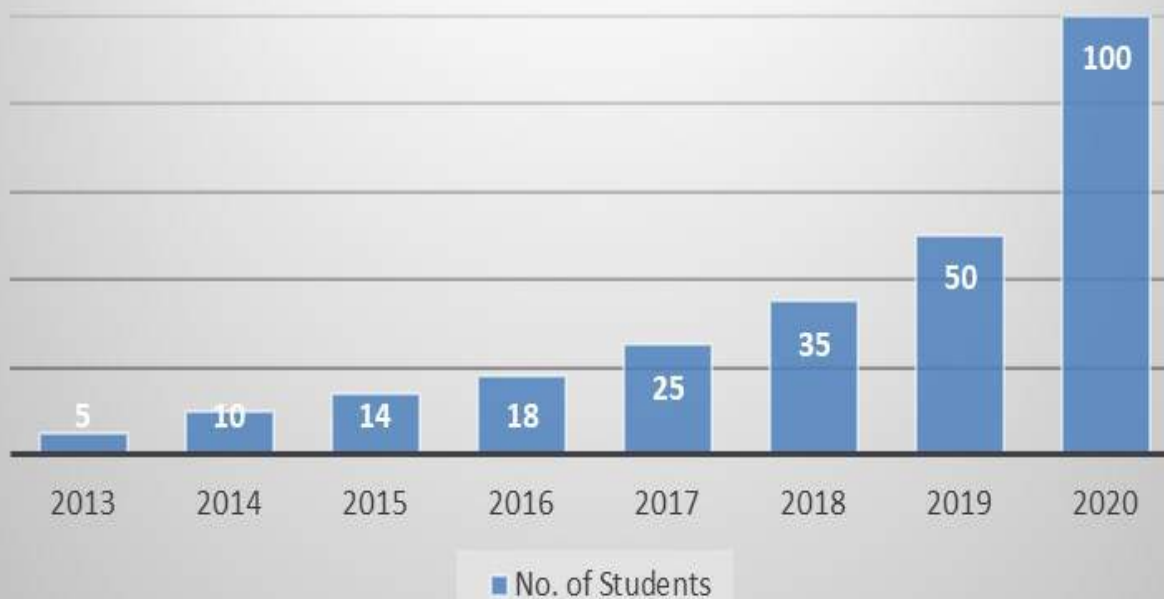
We envision a world where there is *“Acceptance of the Able not the label”* these Special people get opportunities for survival, development, participation and being self-reliant.

MISSION

To rise above the challenges, focus on possibilities, restructure the abilities and create an equal and inclusive society for all

STATISTICS AT A GLANCE

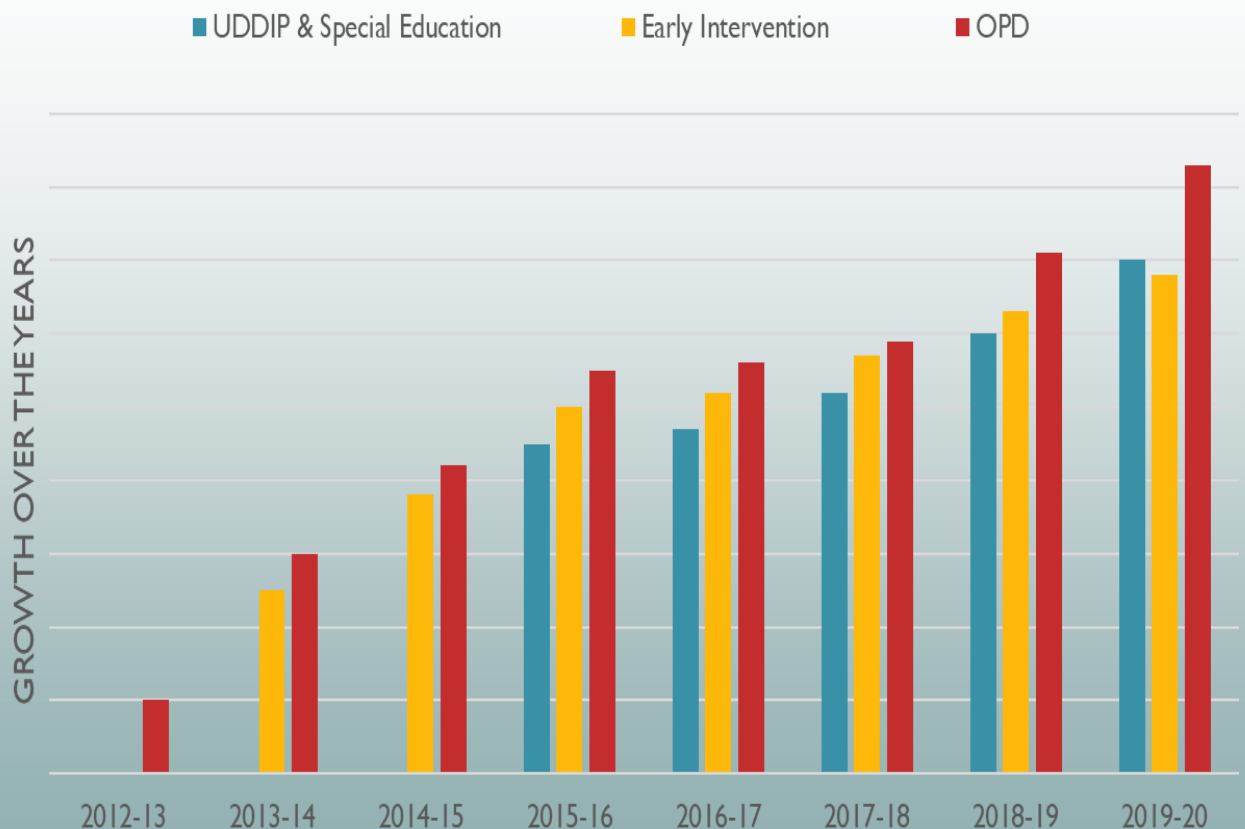
No. of Students



Therapy offered in OPD	1:1 basis
No. of children mainstreamed in normal school	6
Target age group of beneficiaries	6 month baby to 40 years
Teacher student ratio in Special Education Unit	3:1

No. of children enrolled in Special Education	24
No. of students in Pre and vocational training	27
No. of children catered services in OPD	90
No. of children in UDDIP (NIOS)	10
No. of children in Early Intervention Unit	21

GROWTH OF STUDENTS IN DIFFERENT UNITS—YEAR BY YEAR



"Greenathon for Blue" - Awareness Walkathon

Inclusion. Acceptance. Integration



UDAI "Working together works" has been undertaking many initiatives to spread awareness on Autism. As part of this, Team UDAI organized an Autism Awareness campaign - "Walk for Autism Awareness" followed by a Thanks giving plantation Drive for our Mother Earth, on April 2nd 2019, in the community in association with EFICOR, a National Christian organization engaged in Development,

Disaster Response and Training. The walkathon started at 11:00 a.m. from Janakpuri B1 Block. There was a lot of enthusiasm and positive energy among the participants. Students from UDAI, Shankara School, Amarjyoti and Ashtavakra along with other volunteers, family members, parents, Team UDAI and local members of the Resident Welfare Association have participated in the walk.





Ms. Puneet Sharma, a renowned astrologer, Ms. Sujatha Narayanaswami from Shankara School, Mr Rishipal Rana from South Delhi Municipal Corporation (SDMC), Mr. Samarpan from EFICOR graced the occasion and encouraged the participants. Different kinds of activities like yoga poses, live Instrument music were performed by our children in the campaign. Around

300 people from all domains participated in the walk. The whole event was organized well, and it was evident that the event was successful in creating awareness among the public. Probably, this kind of an event was new to the people of that area. It was indeed a much satisfying day for all the volunteers to associate with the event.

Feedback of participants:

Thank you Deepti for inviting me, honoured to be part of it. Best wishes for spreading awareness n contributing smiles in the world — Ms. Puneet Sharma

“I know of nobody who is purely autistic or purely neurotypical. Even God had some autistic moments, which is why the planets all spin,” Jerry Newport, Your Life is Not a Label World Autism Awareness Day. Thank you UDAI — Ms Sujata Narayanswami

Thank you for having me and my friends over. We are truly grateful for the walk for awareness, you guys organised on World Autism Day. A small contribution from all of us makes a huge difference to the kids Thank you for honouring me today, I hope and pray that i can make a difference to the kids' lives in whichever way possible— Mr. Gagan Sidhu - Positive Minds Life coach

Mr. Rishi Pal Rana — expressed his happiness to be part of the walk and insisted that the society not only needs to include people with Autism Spectrum Disorder, but also needs to treat them with love and affection.

UDAI's Summer Workshop/Camp "Give them wings, let them fly"

Child's imaginations go wild as they create magic. Team UDAI, always strives to discover the artist in them, sing new melodies, step into their dancing shoes, make some drama, take a bag full of memories and embark on an exciting journey packed with adventure n fun.



An exhilarating summer camp at UDAI was conducted from May 15, 2019 to June 20, 2019 to add colors to boring summers.

The camp started with a bang, making different art and

craft activities which was thoroughly enjoyed by all. Children made refreshing summer coolers under the supervision of special educator.



I sCrEàM, u ScRëAm.. WE all' sCrEàM f0r 🍦 🍦 Ice C 🍦 ream 🍦

Ice cream party - A sweet treat was organized for all the students and teachers of the summer camp, to beat the heat.





Teaching us to love our mother nature, our environment, making it more beautiful, being grateful in their own way. Our little hands sowing the seeds of hope, growing plants act was an interesting and motivating activity on World Environment Day.

The children had fun during rain dance and grooved themselves into the music and pool party.



Creativity at its best!! We believe in the concept #Reduce #Reuse #Recycle at UDAI. The children were taught making different things which are made “Best out of waste” material.



The summer camp was wrapped up with some more interesting activities like Fashion walk, eat out with teachers. We try to make everything special at UDAI. Be it bidding goodbyes or welcoming changes. We embrace them all.



Another "Golden feather" on UDAI's hat

It is indeed a proud moment for all of us at UDAI. Below are the names of our students who appeared for their Class X exams through NIOS this year achieved 100% result:

Devansh - 66.4% Ayush - 64.6%

Harshul - 54.8% Arpit - 52.6%

Special thanks to our NIOS instructor Ms. Sonia Taneja for putting in great efforts and supporting our children for this accomplishment and also to parents for their determination and believing in us. We will keep doing our best.

Excursion trip of students and UDAI team:



School excursions take planning and effort, but the rewards can be huge for both students and teachers and something students will remember for a long time. Outside the classroom students

have the opportunity of being exposed to new experiences and observe new things that are not available at school. It is kind of therapeutic to many. Excursions often require students to spend time in small groups, so the learning happens through observing.

SAY NO TO PLASTIC - Solution by our Young Artists



As they say Tradition never goes out of fashion, the students of training unit painted traditional Warli Art on Jute Bags to add style with fusion.

Soap making activity by our vocational unit students:

Students learning soap making under the guidance of Special educator Ms. Arti Srivastava. Beautiful designs are created by them. These soaps are hand made by our young adults with special needs. Different kinds of soaps made here are:

1. Glycerin Soaps
2. Opaque Soaps
3. Herbal Soaps
4. Shea butter soaps

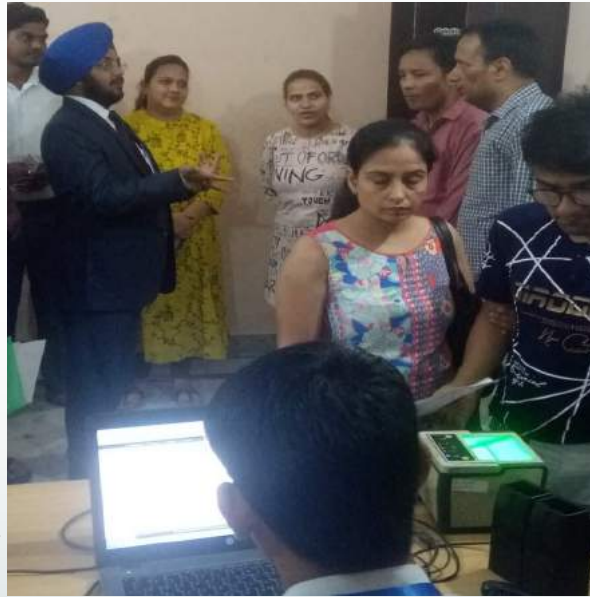
The students learn to make more accurate estimates while measuring out ingredients. It is a life skill activity which helps them in calculation, enhancing concentration, showing patience till the final outcome, creating designs etc.



AADHAR CARD CAMP AT UDAI



UDAI in collaboration with South-West District Legal Services Authority (DLSA) has organized an AADHAAR camp at UDAI's project premise, Janakpuri, on 6th July 2019. The services offered were new enrolments of Aadhar card, corrections, updates etc. Number of registrations were around 120. Mr. Jagmohan Singh, Secretary DLSA also visited the camp. He coordinated with the staff of UDAI and also the parents. The parents were happy that they are able to get their special needs children enrolled for Aadhar card.



We thank DLSA for supporting us making the starting this chain of action. UDAI, in association with DLSA plans to hold more such camps, awareness workshops on the various schemes and benefits provided by the Government for the persons with disabilities and their families.

Life skill activities during summer:

Pickle Making:



Pickle making is an ancient tradition in India which has been loved and followed by our mothers and grandmothers.

We all have grown up eating delicious, crunchy, and tangy pickles made by our grandmothers and mothers. No meal is complete without them.

As part of learning life skill activity, the students of our vocational unit were trained to make Mango pickle by our experienced trainer. This activity will help our little master chefs learn decision making skills, about choices, their consequences and then look at different situations and discuss the choices to be made. Making Posters, worksheets, and stickers complete the lesson plan.



Learning culinary skills:



Every child is gifted, they just unwrap their packages at different times, in different ways. Learning more in-depth daily living skills & chores, such as cooking establishes a responsibility for routines and organizational skills but also sets a foundation for self-sufficiency.

Ms. Arti Srivastava our Special Education Coordinator teach Life skills, Vocational & Social skills to students as per the individualized Educational plan/program developed on basis of requirement and capability of each student. She along with team of special educators create specialized curriculum to follow.



Social skills:

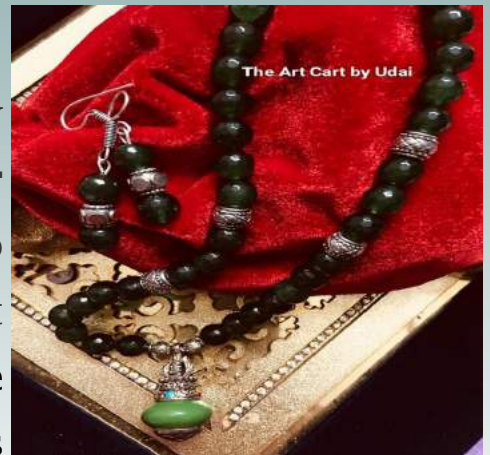
Visit to temple: UDAI`s young adults group visited temple along with the special educators. They learnt about the rituals, performing prayer. Inculcating values in our lives is very important.



Art Cart by UDAI:

SHOP FOR A CAUSE:

All the products are handcrafted by young adults with Special Needs under supervision. The sale proceeds goes to the beneficiaries of our vocational unit at UDAI Charitable Trust. All the products made by our young adults with special needs under the supervision of our Vocational trainers.



RAKHI SPECIAL ITEMS:

Team UDAI expresses gratitude to the parents, friends and supporters for their immense love and appreciation for our RAKSHABANDHAN

COLLECTION, made by our young students of vocational unit. Thanks to all the wonderful brothers for loving our handmade chocolates and to all the lovely sisters for adorning our hand-crafted jewelry on the special occasion.



We loved hearing feedback from our clients who bought the products made by our young adults. Our kids are happy.



Herbal Holi colours

Our super kids are at the best of their abilities, by adding life to colours. The vocational unit students learned the process of making herbal colours, which are natural and made of edible grades like marigold, rose petals, sandal wood, lemon grass etc. These colours were very much liked by our supporters since they are chemical free.



Capacity Building workshop for staff of Cheshire Home—Delhi

A workshop was conducted on 31st August, 2019 as part of capacity building of teachers at Cheshire Home.

Dr. Archana Sharma conducted one to one basis Psychological assessment of the children`s learning ability at the centre. She shared the specific learning strategies and types of support required by students.

Ms. Tanu Rajput Founder of UDAI and Ms. Deepa Sharma—Head of the OT department had conducted training to the teachers on classroom arrangement and curriculum development.

A participant-centered approach was used during the session because the target staff were in a better position to identify existing weaknesses, strengths and need for change. The facilitators familiarized themselves with the teachers with few Ice breaking activities.

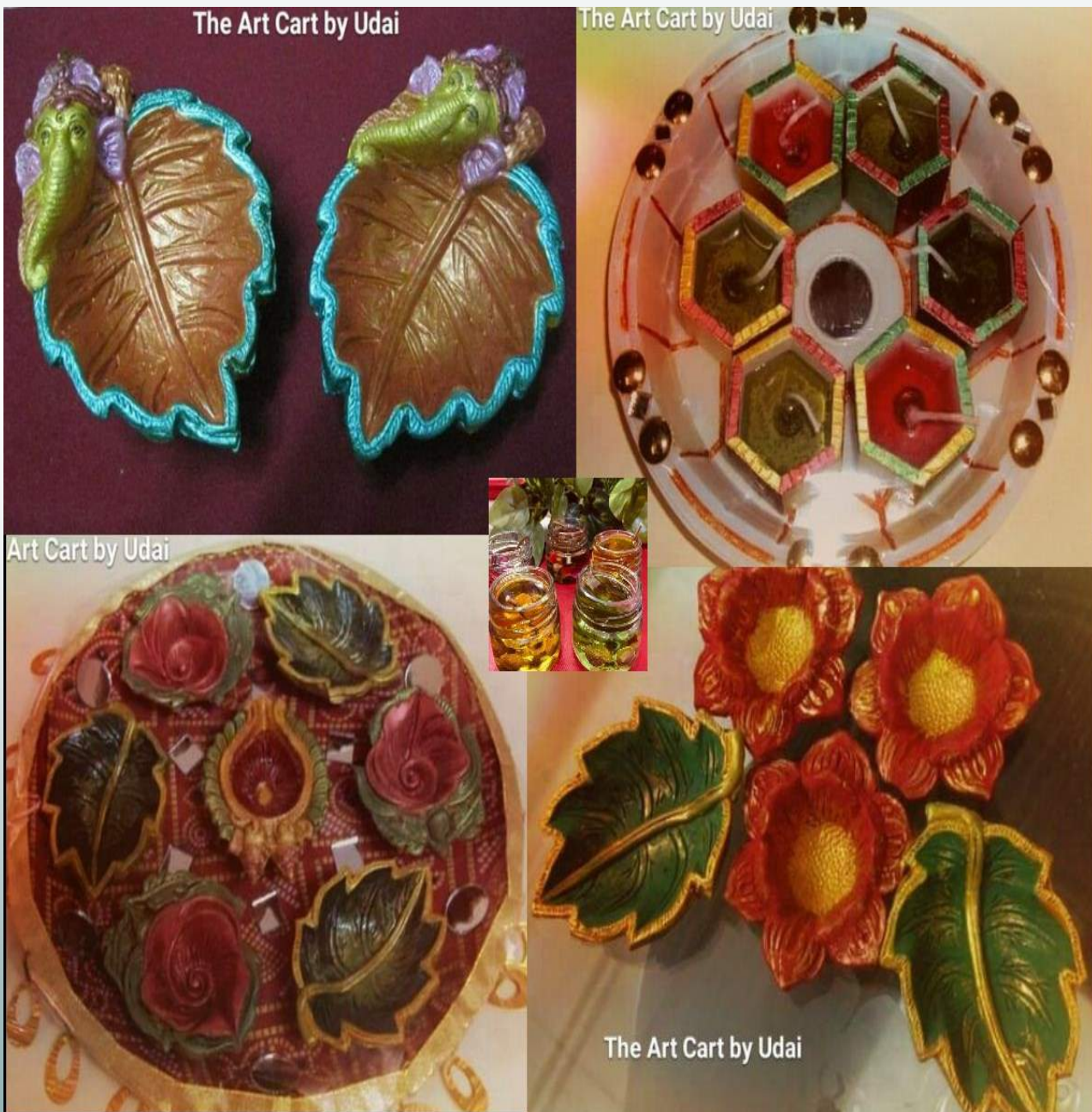
The major areas of classroom management discussed by the resource person were:

- ♦ Importance of team work
- ♦ Multi dimensional assessment techniques for different categories of students
- ♦ Teaching methodologies
- ♦ Challenges faced by the teachers working with children with special needs.

DIWALI SPECIAL ITEMS:

Here comes the festival of lights !!!!

UDAI kids were all set to give a fusion touch to the traditions and help the craftsmen light up their festival. Our children from the vocational unit painted beautiful lamps, diyas and created beautiful glass candles. We at UDAI promote switching back to our traditional and local made products. We want to enliven the festive vibes by sticking to the traditional way of lighting earthen lamp. Our vocational trainer Ms. Himani Sharma distributes the work and trains the children according to their capabilities.



Participation of our children in Sports competitions:
 In September 2019:

Sports speaks about your character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose — it teaches you about life. Our little sports stars have proved it yet again.



The Sports & Disability – Fostering Inclusion & well Being, a sports event organized at Bharti college for children with special needs. Our children bagged the following medals under different sports:

Gold Medal - Rahul , Silver Medal - Hriday, Pranav
Bronze Medal - Arpit, Tehsin, Lakshya.

We are also thankful for the initiative and the opportunity created by the organizers and most importantly to our team for their confident and optimistic teaching. Our gratitude to parents & our associated supporters for backing us and encouraging UDAI` s children and our hard-working professional team.



In November 2019:



Coaching someone makes them Learn. Challenging Someone makes them Grow and BELIEVING in Someone makes them WIN.

Our young athletes have showcased their sports and teamwork abilities at the 11th Special Athletics meet

organized by Sneh Kunj, Delhi. All the participants received certificates for participation.

Children who won medals in different categories are :

Umang

Tejinder

Divyanshi

Anjali

Lakshya





In February 2020

ABILITY is what you can do.

MOTIVATION determines what you do.

ATTITUDE determines how well you do it.

Team UDAI and children were elated to be part of 5th Inter School Adaptive Athletics Championship hosted by Heritage Experiential Learning School. Our students have once again proved their mettle not only by participating but also winning in the competition.

NAME OF CHILD	CATEGORY
Gaurav Kumar	1st (Race)
Gaurav Bhojwani	3rd (Race)
Umang	4th (Race)
Yatin	1st (Long Jump)
Hriday	4th (Skating)
Aanchal	5th (TBT)
Lakshay	6th (Walk)



Talent show at the Perfect Health Mela



Believe in yourself, Believe in you. Never let self-doubt hold you captive. You are worthy of all that you dream of and hope for - UDAI team works on this motto always and keep trying to create suitable atmosphere for our students.



Our little wonders show cased their talents at the event organized on 19th October `19 by Perfect Health Mela, an event organization which aims providing health awareness for people using the medium of entertainment & competitions.



Singing: 1st Prize

Dance: 1st Prize

Yoga: 2nd Prize

Our kids bagged laurels in various categories. Appreciation received by all in other creative activities.

We Are Proud Of Our Super Talented Children



Musical Performance by our youngsters:

Where words leave off, music begins!!!



Karaoke - Open mic Night was organized at Bun n Mic, first of its kind, an OPEN MIC cafe - in Delhi's Dwarka on 15th November 2019. Our kids Ayush Sundriyal, Hitesh and Ansh just loved performing on

the great platform. They showed so much of confidence, as they received so much of encouragement from the audience. We at UDAI try to bind those with Special needs into an inclusive society, to give them the joy of experiencing the beauty and harmony of the creative arts, besides promoting healing and therapeutic effects of the performing arts in Special Education. Our music teacher, played guitar and our talented special educator Mr. Sachin Kumar also performed by singing songs with the children.

Mr. Rahul Kumar, our Special educator accompanied the children during their performance.

The ambience was so pleasant and unique. It was a new experience for our artists.



UDAI's Joyous Weekend Staycation in November`19



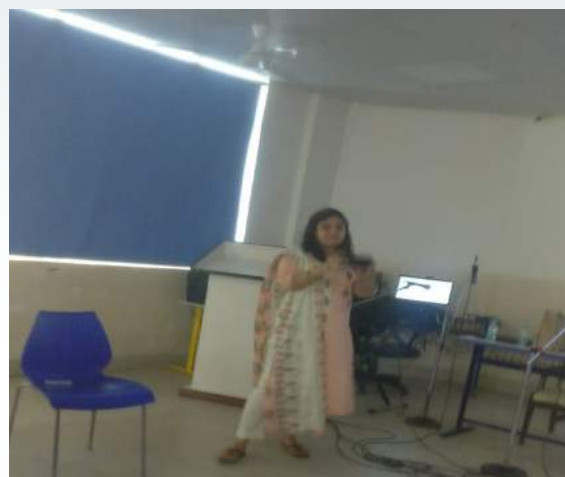
Weekend staycation for a group of interested and enthusiastic children was organized at UDAI. Key feature is to teach kids Daily living skills in a most enjoyable way. Making kids independent. Preparing them for the basics. Doing the regular routine activities on their own. From waking up to making beds, everything on their own enhances their self esteem and they learn social skills when they are out of their house. The bonding between the special educator and students grew more stronger with such activities. All of them enjoyed doing different chores together such as doing Yoga, having breakfast, grocery shopping, outing, playing in the mall, watching movie. Our Special educators Ms. Prachi, Ms. Ritu, Mr. Kamlesh along with our yoga instructor Mr. Raju were involved in the staycation who taught about the daily living skills to the children in a creative way.

Work shop on Psychological assessment for children with Special Needs



Dr. Archana Sharma, Consultant Clinical and Child Psychologist with about 15 years of experience has conducted a Two day workshop on 21 and 22 September 2019 for practicing Psychologists and students of Psychology.

**Topics covered were:
Different kinds of Assessment methods, flow of Administration, Scoring, Interpretation, Report writing, Mock conduction.**



Work shop—Learn how to make effective Individualized Educational Plan

Team UDAI conducted a 2 day workshop for special educators on Individualized Education Plan on September 28th and 29th 2019.

The resource persons shared—The importance of understanding IEP, Assessment of IEP for Intellectual disability, Autism Spectrum Disorder, Specific Learning Disability and IEP planning along with use of case study as well as mock conduction. Around 20 special educators joined the workshop.

The participants were given participation certificates.

Workshop on First aid for professionals

First Aid is an important life skill that helps reduce fatalities and enables the faster treatment of injuries & unexpected emergencies. It also has an important role to play in providing the trainee with a sense of purpose and achievement, giving them the skills that will potentially save lives.



Win Medicare organized workshop at UDAI for our professionals on 14th November 2019. The inclusive session provided complete insight and knowledge of on-site management on Self wound care, burns, fractures, snake bites and other emergencies. The resource person explained about the usage of Betadine ointment.

Understanding the basic sensory system



UDAI`s Occupational Therapy Department has organized a workshop for parents on the topic—Understanding the basic sensory system on March 1st at the centre. Ms. Deepa Sharma, Head of the Department and Ms. Harleen Dhall, Senior Occupational Therapist were the resource persons for the workshop.

It was an interactive session. Around 35 parents of special needs children attended the workshop. Topics covered in the session were as follows:

1. Basic understanding of brain development
2. Understand the importance of sensory processing in child development.
3. Understanding what sensory systems are.
4. Identify possible red-flags for sensory processing challenges and when to ask for an evaluation by a professional.
5. Identify activities that engage each sensory system.



Workshop on Sensory Integration Therapy



Ms. Deepa Sharma, Head of the Occupational Therapy Department & Ms. Harleen Dhall, Senior Occupational Therapist conducted workshop for M. Ed and B. Ed (Special Education) students of Jamia Hamdard University on 22nd November `19. Importance of

Sensory Integration Therapy, its benefits, methods for controlling sensory input, its effectiveness was explained by the resource persons. The session was appreciated by the participants and the Head of the Department Professor, Ms. Sara Begum also said that they look forward to such interactive sessions in future as well.





Empowering the Ability

“Practice what you preach”- Team UDAI believes and follow this. We envision a world where every child attains the right to survival, protection, participation and development.

SKILL UDAI: Started a new initiative on 22nd February 2020 with a motto to train and recognize the potential of our Special Young Adults. Provide them work opportunity inhouse or at any organization or company as per their capability and ability to be self -reliant. We guide and upskill them in their respective talents and interests and prepare them work-ready.



This is our first Student-turned-teacher Ms. Anchal, (Down syndrome) proudly holding her job offer letter as Assistant Teacher at UDAI, who is all set to spread positivity, motivate others and fly high.

She is an inspiration to many. Our best wishes to her.

Keep Rising n Shining dear Anchal !!



UDAI'S Participation in Ekam Fest 2nd to 9th March 2020

NHFDC under Department of Empowerment of Persons with Disabilities (Divyangjan), Ministry of Social Justice & Empowerment, Government of India has organized the first Ekam Fest, an event to promote the feeling of Quality among Divyangjan artisans and entrepreneurs. It was a great platform to reach out to vast community.



Team UDAI has set up a stall in the event and showcased the various products -

T shirts, herbal Holi colours, indoor plants, Soaps, Candles, Home décor items made by our young adults from the vocational unit. The sale proceeds goes to the beneficiaries of our vocational unit.



Rakhi Dusshera Diwali

Merry Christmas



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