



UDAI working together works

Annual Report- 2017-2018



S.no.	Details	Status
1.	Full Legal Name	UDAI working together works
2.	Official Address	B-1/20, Janakpuri, Behind Amarleela Hospital, New Delhi-110058
3.	Telephone No.	011-41079384, 9899681972, 9811466760
4.	E-mail	udai.march@gmail.com
5.	Website	www.udai.org.in
6.	Registration under Public Charitable Trust Deed	Registered as Document No. 104, IN Book No. 4 Vol. 13320
7.	12AA & 80 G	Registration under Sec 12A of the Income Tax Act Vide Registration No. DEL-UR24273-09032015 with effect from 2015-2016 Exemption under Section 80G(5)(VI) of the Income Tax Act, 1961 Vide Letter No. NQCIT(E)1/DEL- UE25883-09032015/6131 Date 9/3/2015
8.	Income tax-Pan Number	AAATU5596M
9.	Bankers	Kotak Mahindra Bank, A Block JanakPuri, New Delhi-110058

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Journey of UDAI

In order to give justice to the meaning of our organization's name UDAI- meaning "to rise"- we aim to work in an integrated manner and help us all rise above our problems. UDAI, an NGO, was established as an intervention center. Formerly the organization was named: "**Holy Child Intervention Center**", in 2009. It was started with an intent to provide a platform to children and adults with special needs targeting mainly speech, OT & special education for the betterment of their lives. In 2013, seeing the needs of the children and with a zeal to expand for providing better & quality results, we extended our services from intervention centre to a School for children with special needs. With this we felt the need to improvise the name to **UDAI**. As a school we have a ratio of **3:1** and in a class we have 6 students with 2 teachers moreover we follow a tailored prospectus for each individual according to their capabilities. Along with providing assessment, intervention, counselling, employment we also render vocational trainings. With a vast experience of working with children and adults with special needs, we have improved and maintained the quality of our work in order to achieve the desired goals and won't settle for anything less.

UDAI has been established with a sight to work diligently on special children's needs and betterment. We have 'multidisciplinary team' approach providing day boarding along with remedial intervention measures to children with special needs. Our primary focus is on autism and other disability through special education, occupational therapy, behaviour therapy, assessments (psychological), play therapy, NIOS etc.

We firmly believe in our efforts, our team and these gems we work for as all this will help us in achieving our goals.

Vision

- “Focus not on the differences of the people with disabilities, but the talent of the individual!”
- “To develop a child in an exhilarating environment and nourish the learning to meet the needs of each and every child.”

Mission

- Our mission is to create a place with all required facilities to impart knowledge in a diversified way to train children and adults to be independent, confident and integrative in a challenging environment.
- Try and make this earth a better place for these gems we are blessed with!

Our Belief

- In transparency
- In proficiency and commitment

Note from Director:

2017-2018 has been a year of growth in many areas for UDAI. In fact a decade into the 21st century affords us all an opportunity to review and recast our vision of the future. As an organization we went through considerable reflection and reorganization. We have not only reflected about our purpose; we have restructured the organization in order to optimize our efforts and we have articulated a new brand positioning. To ensure our endurance, we have opened ourselves to many new ideas and are already experiencing them take root. We experience this growth and its processes that worked towards transforming the lives of children. We have set high goals and are working hard to chase them every single day. Year-on-year, we have improved the quality of our ideas, their implementation and the environment we work in which directly affects the growth of the children every year.

We value the power of ideas. Innovation excites us. And we constantly come up with creative and novel solutions for the challenges that these children often face.

It has been a year of learning, strengthening and, as always, joining hands with several friends to move towards more effective ways of making every underprivileged child's dream a reality.

UDAI is happy to share the success and improvements. We are pleased to share the highlights for this year.

Growth of UDAI

- ❖ The strength of our school has increased by 10-15 in number as well as the sessions for the out patients (OPD) has also increased. Along with this the quality of the work has also been sustained for the betterment of the children.
- ❖ Within 5 years, 5 of our students were integrated in a formal school setup.
- ❖ We also started providing our services to an International School at Dwarka and are being acknowledged for the same as there are visible changes in the children.
- ❖ Inauguration of Jewellery Vocational Unit by Hon. District President Mr. Preet Pal Kalra Ji and Mr. Jagdeep Singh Ji (MLA).
- ❖ UDAI caters to 75 - 80 children daily with special needs through various services like special education, speech therapy, occupational therapy, behaviour management, play therapy and group therapy.
- ❖ As “Mainstreaming children with special needs has become the need of an hour”. UDAI has started to follow the open school curriculum to impart academic skills to children with special needs. This is our very first batch in which 4 of our students are preparing for their 10th grade through Open Schooling.

Uniqueness

- ❖ High qualified professionals: UDAI is able to focus on the ability of the child and hence build their skills, instead of their inability.
- ❖ The after school remedial care provides the necessary remedial intervention to children with Learning Disabilities and Slow Learner for mainstreaming in schools, this programme hopes to bridge the gap and ensure that these children are benefitted from it.

Annual sports day cum carnival

On 31st March 2018 UDAI organized Annual Sports Day cum Carnival at IGIPE College in which a lot of games were organized as well as different stalls for the children were there. The event brought a lot of people who supported us in organizing the event at a large scale. Many people and companies got attached as our sponsors i.e.:

- ❖ Decathlon
- ❖ Acres N Inches
- ❖ Perfect drycleaner
- ❖ Amit Bakery
- ❖ Namit Studio
- ❖ BD's Gym

We take an opportunity to thank all our sponsors for making this event a success. We thank

There were lot of events and activities for the children. Many other schools also participated in our event and enjoyed a lot. The Guest of Honor are as under:

- ❖ Mr. Rajesh Dhasmana
- ❖ Dr. Roma Kumar
- ❖ Ms. Divyanshi
- ❖ Master Ayush

Yoga performance was done in collaboration with BD's Gym. We got acknowledged by everyone. The event was covered by AajTak.

In-house celebrations at UDAI

Celebration is an integral part of life, in every culture. It gives us a moment to pause and to be thankful and to escape from daily routines. Celebrations bring us together and strengthens bond with the children. We celebrate all the listed occasions with our children:

- Birthdays of children and staff.
- Lohri
- Republic Day
- Holi
- EID
- Independence Day
- Raksha Bandhan
- Diwali
- Dussehra
- Christmas

Vocational Training

- ❖ This year many stalls were laid up during Diwali in different places and we got a commendable response for the products made by our children. It is overwhelming and a moment of proud for all of us when the work done by our children is valued.

- ❖ We have a variety of vocational products such as
 - **Soap:** Organic soaps are made using high quality products.
 - **Jewelry:** With little assistance given to the children we create masterpieces.
 - **Candles & Diyas:** We make varieties of candles and diyas with good quality products.
 - **Relief paintings:** the art activities provided to children at UDAI are modified or adapted so that the children bring out the best in them.
 - **Pickles:** Pickles made by the children were liked by everyone and has been the hot selling product for many years now.
 - **Table mats**
 - **Pouches**
 - **Coasters**
 - **Paper bags**

Camp

Children with special needs usually have limitations on daily activities, and require more extensive dental and medical services. There is ample opportunity for children with special needs to get good dental health care. By working closely with your child's dentist to put a prevention plan in place, many potential dental problems can be avoided entirely. Considering this in mind dental camp was organized for the children by Dr. Surbhi Sehgal.

Daily living skills

“Life skills for special needs children play an essential role in improving sensory processing, communication, safety, social relationships and ultimately, acquiring independence.”

The term “Daily Living Skills” is a wide range of personal self-care activities across home, school, work and community settings which includes personal hygiene, housekeeping, self-care and getting around the community. These are the subset of adapted behaviour, which includes communication, social and relationship skills that are likely to be harder for someone on the spectrum. Develop practical living skills such as safety, finding information (internet), traveling, home care (housecleaning), money skills (reading MRP. and counting), shopping, etc. For the same we teach the skills to take care of oneself and take children out on excursions.

- ❖ This year the children were taken for a night out to Botanix Garden, Dumduma Lake situated at Gurugram.
- ❖ We have always worked in a team, so as a component we took our staff for a training cum picnic to Nainital in the month of August 2017.

- ❖ Excursions (picnic visit to DDA ChildrenPark at Dwarka Sector-10) - A visit to a park for the staff and children was organized where in a lot of activities were done and it was a great time for all of us.
- ❖ About 15 of our children were taken out for a movie at Satyam Hall, JanakPuri. There the children enjoyed a lot.

Sports

Sport is an important aspect in helping improve skills of Children with Special Needs. Participating in **sports** can help instill a sense of self-confidence and improve skills in relationship building and working as part of a team. In addition to regular coaching, children of UDAI won a lot of appreciation and medals.

Event	Organized	Sport	Winners
YMCA	Nehru Stadium	Softball	Sanchit- I Naval- II
South-West Athletic Meet 207	Bharti College	100 mtr. 50 mtr. S.J.L	Ayush Naval Aditya
Special Olympics	Handicap Children Parents Association	50 mtr. Assistance walk Softball	Devansh Bhawna Aditya
Adapted Sports Meet	Heritage School	Skating Short put S.B.T	Aryan Kumar Pranav Arpit Ojha

Workshops and Trainings

- ❖ **Feuerstein Instrumental Enrichment Level-I training** was held at Jesus & Merry College at 6 Chanakya Puri. The course was for teachers, parents, educators and other professionals who work with children in the age group 4-9 years / with children, young people and adults with very low functional ability. Many participants attended the training. It was a pleasure for all of us to get the training from Ms. Lalitha Ramanujan, who has been in this field for about 30 years.
- ❖ **Feuerstein Instrumental Enrichment Level-II training** was held at UDAI. Teacher training is an integral part of Alpha to Omega. Teacher training programme aimed at equipping parents, teachers and therapists to teach children with learning challenges differently and effectively.
- ❖ We had got an opportunity by **District Legal Services Authority (DLSA)** to put up our stall and provide information to the general public about different disabilities and had showcased the products made by our children in vocational training.
- ❖ An **Art attack** programme for children including their parents was organized at UDAI. This activity was conducted to build a bond between parents, children and educators. It spreaded a smile on the faces of everyone and was appreciated by all.

- ❖ Workshop on “**Understanding Disability and its management**” was organized for various professionals and parents to provide better care and services to the children with special needs. Through this workshop various issues faced by the parents and professionals were discussed. For the same the techniques were shared.
- ❖ **Autism Awareness Walk** was organized in alliance with parents, children, educators and various therapists. The walk was joined by Mr. Suresh Khandweker Ji a known classical singer and Publisher.
- ❖ A workshop on “**Understanding Vestibular System and its effect on Development and Communication**”for the Occupational Therapists was organized by UDAI and Dr. Loganathan G.PT was the resource person. Through this workshop many therapists gained knowledge on the particular topic.
- ❖ “**Stress relief and Meditation**” workshop for parents was organized at UDAI by Jeevan Asha and Master Shweta Sharma. This workshop was organized with an aim to reduce stress, anxiety, depression, pain and increase peace, self-concept and well-being of an individual.

Annexure-1

